

## HOW WE SUPPORT



Every year, over two million Americans are diagnosed with cancer. They often feel overwhelmed and fearful.

Phil's Friends understands this and exists to provide hope and support beyond medical treatment. We do so by sending customized Care Packages, monthly Cards of Hope, and ongoing prayer to these individuals, at no cost.

### Care Packages include:

- **A Bible**, to offer hope, solace, and strength for the journey.
- **A Journal**, to provide an outlet for thoughts, emotions, and reflections.
- **A Blanket & Hat**, to provide warmth and comfort during treatments.
- **A Puzzle Book, Playing Cards, & Toys**, to offer relief and distraction.
- **Personal Care Products**, to address practical needs and promote self-care.

**Cards of Hope** are lovingly customized by volunteers of all ages and mailed monthly for ongoing encouragement.

**Prayers** for patients and their families are regularly offered up by our dedicated staff and volunteers.

**Ignite Hope** is a weekly 60-second, inspirational video message from Phil. To subscribe, text **HOPE** to 224-653-8671.

**Request a Care Package  
at [philsfriends.org](http://philsfriends.org)**

*"I was sick, and you  
looked after me..."*  
**Matthew 25:36**

## CONTACT US



224-653-8315



[info@philsfriends.org](mailto:info@philsfriends.org)



[philsfriends.org](http://philsfriends.org)



## VISIT A HOPE CENTER



**Home Office & Hope Center**  
1249 Arrowhead Court  
Crown Point, IN 46307



**Wheaton Hope Center**  
213 W. Wesley, Unit 104  
Wheaton, IL 60187



**Addison Hope Center**  
1150 N. Swift Road, Unit D  
Addison, IL 60101

# OUR Mission

We provide Christ-centered support and hope to those affected by cancer through care packages, cards, encouragement, and prayer.



## WHO IS PHIL?

Phil Zielke is a two-time Stage 4 cancer survivor and the founder of Phil's Friends. During the darkest moments of his disease, Phil cried out to God, "Lord, if it's time for me to go to heaven, I'm ready. But if it's not, I promise to dedicate the rest of my life to you and what you have planned for me." That prayer was a turning point in his life.

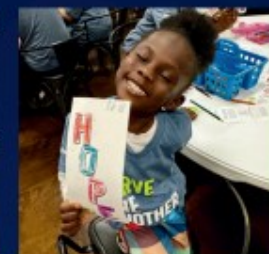
While undergoing treatment, Phil witnessed other patients struggling in isolation and despair. Moved by compassion, he felt led by God to take action. Inspired by the encouragement he'd personally received—a care package, hospital visits, cards, and prayer—Phil founded Phil's Friends, to provide the same Christlike hope and support to other cancer patients.

Today, Phil's Friends supports thousands of individuals every year across the country with care packages, cards, encouragement, and prayer.

Phil is also an author, speaker, and radio contributor. He lives in the suburbs of Chicago with his wife, Carrie, and their two sons, Hudson and Graham.



**phil's friends**  
cancer is strong. **hope is stronger.**



Providing **SUPPORT** and **HOPE** to  
cancer patients & families since 2006



## CARE PACKAGE NEEDS

### BLANKETS

Throw blankets, crocheted, or fleece tied



### HATS

Knitted & Crocheted



### FUZZY SOCKS

Women's Only



### JOURNALS

### PUZZLE BOOKS

### LOTIONS

Fragrance-free; 16oz. or smaller



### MOUTH RINSE

Alcohol-free  
4-8oz. or smaller



### PLAYING CARDS

No Casino Decks



### TISSUES



### LIP BALMS



### TOOTHBRUSH

& Travel size  
TOOTHPASTE



**Donations can be placed  
in the narthex under the  
Human Care Bulletin  
Board through February 8.**

**Phil's Friends Mission Collection**  
Join Immanuel in sharing hope and encouragement!

Support the Phil's Friends mission by donating items for care packages sent to those facing cancer.

**Collection Dates:**

**January 12 – February 8, 2026**

**Who's Participating?**

- Human Care Board (adult items—see this insert)
- Little Lambs Preschool  
(Lutheran Schools Week project & kids' boxes)
- Immanuel Sunday School  
Classes

**Thank you for being the hands and heart of Christ!**

## ITEMS YOU CAN MAKE

### BLANKETS

Tie fleece, crochet, knit or quilt.

### CARDS OF HOPE

Download templates at [philsfriends.org](http://philsfriends.org), color and customize, or create your own handmade cards.

### CARE PACKAGE ITEMS

Collect care package items, or host a donation drive at your church, school, or organization.

### HATS or PORT PILLOWS

Crochet or knit hats, or sew port pillows.

### JOURNALS

Creatively design and decorate composition notebook covers.

### PRAYER

Pray for patients and their families.

Detailed instructions and how-to videos are available at [philsfriends.org](http://philsfriends.org)

*Instructions for hats, blankets, Cards of Hope, and port pillows are available in the narthex.*